At Saint Francis Xavier Catholic Primary School every person has the right to feel safe.
Any person who bullies another is denying them that right.
The school will not tolerate any action that undermines a person’s right to feel safe, and it will take whatever steps are necessary to stop such behaviour.

Useful Resources:
www.bullyingnoway.gov.au
Kids’ Helpline 1800 551800
www.kidshelp.com.au
www.cubersmart.gov.au

What can you do if you are bullied?

1. You may try to deal with it yourself
   - Stay calm
   - Ignore it
   - Walk away
   - Identify a network of adults or friends to whom you can talk
   - Seek support—it is good to let someone know it is happening

If this does not stop the bullying—Persist!

2. You may choose to confront the person
   - Speak to them and ask them why they are behaving like this
   - Take a support person with you
   - Stand up for yourself—let them know how you feel
   - Tell them they are breaking the rules

If this does not stop the bullying—Persist!

3. Talk to someone you trust
   - This might be a friend, teacher, parent, counsellor
   - Email Mr Anderson — panderson@bne.catholic.edu.au

St Francis Xavier Catholic Primary School
Runaway Bay
Phone: 55372633
Email: prunawaybay@bne.catholic.edu.au
Website: www.sfx.qld.edu.au

Produced by the students of 4 Red 2014
What is Bullying Behaviour?

- It is deliberate, hurtful behaviour
- It is repeated
- It is difficult for those being bullied to defend themselves

The three main types of Bullying are -

PHYSICAL
hitting, kicking, taking belongings

VERBAL
name-calling, insulting, racist remarks

INDIRECT/EMOTIONAL
spreading rumours and nasty stories, excluding others

Responsibilities of Children

- To report incidents or suspected incidents of bullying
- To help someone who is being bullied
- To not bully others

Responsibilities of Staff

- To model appropriate behaviour
- To be aware of potential for bullying situations in specific areas and during recess
- To ensure children are adequately supervised
- To teach appropriate social behaviours as outlined in the school’s Behaviour Teaching and Learning System
- To deal with all reported incidences of bullying according to school guidelines
- To provide support through day to day teaching, including liturgies and assemblies where value and virtues such as compassion, kindness, reconciliation, tolerance, respect and justice are taught

Responsibilities of Parents

- To watch for signs that their child may be bullied
- To advise children to tell a staff member about bullying incidents
- To inform the school of any cases of suspected or reported bullying
- To model appropriate behaviour

Remember
You may think ignoring or reporting it will not work but keeping it to yourself will definitely make it worse!

At SFX we will

Openly talk about bullying — what it is, how it affects us and what we can do about it